

ADULT & TEEN CHALLENGE

NORTHERN APPALACHIAN REGION

Pre-Admission Student Manual

Thank you for considering the Northern Appalachian Regional Training Center as a viable means to help you overcome the life controlling problems that have overtaken your life. Our purpose for reaching out to you and hopefully enrolling you into our training program is to provide you with the help you need in order to become a disciplined, healthy person and a responsible member of society.

Our goal is to give you the life skills training necessary for obtaining and maintaining a new life and a new way of thinking. We firmly believe that you can overcome the problems associated with your dependence on drugs and/or alcohol, or whatever else, and we look forward to working with you. We believe God has directed you here; and, if you apply yourself wholeheartedly, you will graduate from the Training Center as a spiritually alive, emotionally balanced, socially adjusted, mentally sound, physically well, and an employable person.

Our training program consists of three levels.

Level 1- Your first 90 days of participation in the program.

Level 2- Your next 4 months maximum of participation in the program.

Level 3- Your next 5 months maximum of participation in the program.

Your first 30 days in the program will be a period of time in which you will become orientated to the structure of the program and focus on regaining your identity and self-respect. You will be closely monitored while your body and mind clear themselves of the effects-controlled substances have had on your ability to function soberly.

Upon your completion of 90-days (Level 1) you will be given a 3-day off campus pass. Once you have returned from this pass you will continue in the program to Level 2. Should you choose not to return after this completion level, you will be given a Certificate of Completion for 90-days.

Once you have completed 7-months (Level 2) you will receive a 5-day off campus pass. Upon your return from this pass, you will continue in the program to Level 3. Should you choose not to return after this level of completion, you will be given a Certificate of Completion for 7-months.

Once you have completed 12-months (Level 3) you will receive a graduation ceremony and a Graduate Diploma. Your family and friends will be welcome to attend this important ceremony and witness firsthand this major milestone in your life. Graduation exercises are conducted on the third Friday following your completion of all program requirements. The Program Director reserves the right to schedule the ceremony for a different day of that week if she feels it necessary.

Students who wish to obtain a General Education Diploma (G.E.D.) are given the opportunity to enroll into our G.E.D. studies classes after completing Level 3. This is generally a two-month program.

Applicants who are on probation or parole are required to complete all Training Levels (1,2, and 3) of the program, unless otherwise specified by the applicant's probation officer, parole officer, or the court.

GENERAL RULES AT THE TRAINING CENTER

We have established rules that we expect our students to follow while in the program. These have proven instrumental in helping you to overcome life controlling problems from your past and develop a new, complete change in lifestyle.

Life has rules. Without rules our world would be in total chaos. By applying for admission into our training center you have probably realized that a lack of self-discipline has contributed to your inability to function normally in society. We understand your feelings, which is why we operate from love as we firmly teach you the real value of self-discipline and accountability. If you will commit to working with us, we believe that you will someday thank us for caring enough to confront you regarding your underlying problems and challenge you to become a better person.

As a Training Center student, you will be expected to adhere to the following program rules:

All state and local laws must be obeyed.

Illegal drugs, alcohol, tobacco materials, nicotine vapors, nicotine patches, pornography, or weapons of any type are prohibited on the training center campus or in any student's possession, on or off campus.

Students are permitted to listen to approved music only. To help them maintain a positive, constructive attitude, rock, Christian rock, rap, or country music are prohibited. Clothing displaying messages representing these music types or distasteful themes are also prohibited.

You will be permitted to have in your possession pictures of a boyfriend providing they are of a positive nature and are not sexually provocative.

You may have a Bible and approved Bible reference books (concordance, Bible dictionary, etc.), however, personal books, tapes, etc. are not permitted without staff approval.

You must bring with you a New King James Version Bible. This helps to assure that we maintain biblical uniformity among our students during church services and classes. You may also possess a New Living Translation Bible, New American Standard Bible, or English Standard Bible that can be used during your personal studies. No other translations are permitted on campus. Bibles or reference books with notes or commentaries are prohibited with the exceptions of The New Life Spirit Filled and Life Application.

Students are not permitted to wear body pierced jewelry while participating in any level of the program. Implanted jewelry must be removed prior to enrolling into the program.

Students are not permitted to wear questionable clothing representing a rock, punk, gothic, rap, or any other negative culture while participating in the program.

Hairstyles and coloring must be moderate in design, reflecting that of a mature lady, and not require constant maintenance. Coloring must represent your natural color and toning may be lightly applied.

You will be permitted to place phone calls to individuals that are listed as approved by the Program Director after completing 30 days of the program. These individuals must be age 18 and older, with the exception of your family members. If you have biological children under the age of 16 you will be permitted to make one extra 15-minute phone call per week to your child’s legal guardian to inquire about their welfare beginning after completing 14 days of the program.

Each of your mail correspondents must be approved by the Program Director, and all of your mail is subject to being screened by a staff member.

Personal visits from your family members can be arranged after you have completed 30 days. You will be permitted one visit bi-weekly. One to four persons per visit (this includes children, babies, etc.) are allowed.

You will be permitted to receive mail and/or visits from your church pastor providing he/she can provide us with his/her ministry license or ordination certificate prior to being approved. To qualify as your church pastor, the pastor must be the senior pastor of his/her church, and you must have been a regular attendee (attending at least two services weekly) of that pastor’s church for a minimum of 90 days just prior to enrolling into the Training Center.

Please understand that the rules listed herein are the basic rules of the program. Shortly after your enrollment into the Training Center, you will meet with our Program Director or a senior staff member who will further discuss these and other pertinent rules with you. By following them, you will help us to help you become spiritually alive, emotionally balanced, socially adjusted, mentally sound, physically well, and employable.

We do not discriminate by refusing admission to those who are infected with certain communicable diseases. Neither do we require students that are infected with certain communicable diseases to inform other students in the program of their disease. We do not consider HIV and certain other diseases to be airborne communicable diseases.

The Northern Appalachian Regional Training Center is not a medical care facility and is unable to provide on-site medical supervision. You must be physically able to participate in every component of the program. If your health deteriorates to the point where you are no longer able to participate, or medical conditions require regular medical supervision, you should voluntarily leave the program.

After you have finished thoroughly reading this manual, please sign below and have a witness sign afterwards.

I, _____, have thoroughly read the Northern Appalachian Regional Training Center Pre-Admission Student Manual (Form No. 014) and do hereby agree to fully adhere to its contents.

Applicant

Date

Witness

Date